

The Carbon Cycle and Climate Regulation

Carbon is a fundamental element in all known life forms and a central component of Earth's dynamic systems. The carbon cycle refers to the natural circulation of carbon among the atmosphere, biosphere, oceans, and geosphere. This cycle plays a crucial role in regulating the planet's climate by controlling the concentration of carbon dioxide (CO₂), a major greenhouse gas. Disruptions to this delicate balance can have far-reaching consequences for Earth's climate and ecosystems.

Carbon exists in various forms throughout the environment, including

完全版テキストはレッスン前に“教材名”を講師に伝えてください。

(リンクだけ送っても講師には伝わりません。)

伝え方：スカイプチャット or 予約時のコメント欄に記入

Please inform your teacher "name of the material" before the lesson.

(Sending a link won't convey the message.)

How to inform: Write it in the Skype chat or the comments section when making a reservation.

reproduction. This process not only removes CO₂ from the atmosphere but also serves as the foundation of most terrestrial and aquatic food chains.

The carbon that plants fix through photosynthesis is transferred to other organisms through consumption. When animals eat plants—or when predators consume herbivores—carbon is passed along the food web. Eventually, through respiration, excretion, or decomposition after death, this carbon is returned to the environment. During respiration, both plants and animals release CO₂ back into the atmosphere, maintaining a dynamic equilibrium.

Another critical component of the carbon cycle is the ocean. Oceans act as vast carbon sinks, absorbing large amounts of atmospheric CO₂. Some of this carbon is taken up by phytoplankton through photosynthesis, while a portion dissolves directly into seawater. Over time, marine organisms such as shellfish and corals incorporate carbon into their calcium carbonate shells. When these organisms die, their remains can sink to the ocean floor, where carbon may become sequestered in sediment for thousands or even millions of years. This long-term storage process helps stabilize atmospheric CO₂ concentrations.

In addition to biological and oceanic processes, geological

完全版テキストはレッスン前に“教材名”を講師に伝えてください。

(リンクだけ送っても講師には伝わりません。)

伝え方：スカイプチャット or 予約時のコメント欄に記入

Please inform your teacher "name of the material" before the lesson.

(Sending a link won't convey the message.)

How to inform: Write it in the Skype chat or the comments section when making a reservation.

release some of this geologic carbon back into the atmosphere, albeit on very long timescales.

However, human activities have significantly altered the natural carbon cycle. Since the Industrial Revolution, the burning of fossil fuels for energy and transportation has released vast amounts of CO₂ into the atmosphere. Deforestation has further amplified the issue by reducing the number of trees available to absorb CO₂. These changes have increased the concentration of atmospheric CO₂ from about 280 parts per million in pre-industrial times to over 420 parts per million today—a level unprecedented in at least 800,000 years.

This increase in greenhouse gases has intensified the greenhouse effect, trapping more heat in the Earth's atmosphere and leading to global warming. Rising temperatures have caused polar ice to melt, sea levels to rise, and weather patterns to become more extreme and unpredictable. These shifts in climate not only threaten human societies but also disrupt ecosystems and biodiversity.

Efforts to mitigate climate change must include managing the carbon cycle more sustainably. Reforestation and afforestation projects aim to restore carbon-absorbing vegetation, while soil conservation techniques can enhance carbon storage in agricultural lands. On a larger scale, emerging technologies like carbon capture and storage

完全版テキストはレッスン前に“教材名”を講師に伝えてください。

(リンクだけ送っても講師には伝わりません。)

伝え方：スカイプチャット or 予約時のコメント欄に記入

Please inform your teacher "name of the material" before the lesson.

(Sending a link won't convey the message.)

How to inform: Write it in the Skype chat or the comments section when making a reservation.

Public policies also play a crucial role. International agreements such as the Paris Agreement encourage countries to reduce emissions and invest in carbon-reducing strategies. Carbon pricing, including taxes or cap-and-trade systems, aims to internalize the environmental cost of emitting CO₂ and incentivize cleaner technologies.

In conclusion, the carbon cycle is an intricate and vital system that supports life and helps regulate the Earth's climate. While natural processes have maintained this cycle for millennia, human activity has introduced significant imbalances that threaten planetary health.

Understanding the carbon cycle is essential not only for grasping basic

ecological principles but also for crafting effective responses to climate change. By managing carbon more responsibly, humanity has a chance to restore balance and mitigate some of the most pressing environmental challenges of our time.

Questions

1. The word "**circulation**" in paragraph 1 is closest in meaning to:

- A. advertisement
- B. movement
- C. exchange

完全版テキストはレッスン前に“教材名”を講師に伝えてください。

(リンクだけ送っても講師には伝わりません。)

伝え方：スカイプチャット or 予約時のコメント欄に記入

Please inform your teacher "name of the material" before the lesson.

(Sending a link won't convey the message.)

How to inform: Write it in the Skype chat or the comments section when making a reservation.

- A. It prevents carbon from dissolving in oceans.
- B. It converts glucose back into carbon dioxide.
- C. It removes carbon dioxide from the atmosphere.
- D. It stores carbon in fossil fuels.

3. The word "**equilibrium**" in paragraph 3 is closest in meaning to:

- A. transformation
- B. energy
- C. balance
- D. increase

4. According to paragraph 4, how do marine organisms contribute to long-term carbon storage?

- A. By storing carbon in their internal organs
- B. By releasing CO₂ during respiration
- C. By converting carbon into energy
- D. By forming shells that sink to the ocean floor

5. Which of the following best expresses the essential information in the sentence from paragraph 4:

完全版テキストはレッスン前に“教材名”を講師に伝えてください。

(リンクだけ送っても講師には伝わりません。)

伝え方：スカイプチャット or 予約時のコメント欄に記入

Please inform your teacher "name of the material" before the lesson.

(Sending a link won't convey the message.)

How to inform: Write it in the Skype chat or the comments section when making a reservation.

- B. When marine organisms die, their remains may store carbon in ocean sediments for a very long time.
- C. Marine organisms help convert sediment into carbon-rich material on the ocean floor.
- D. Most of the ocean's carbon comes from plant and animal matter floating at the surface.

6. The word "**sequestered**" in paragraph 5 is closest in meaning to:

- A. stored

- B. removed
- C. activated
- D. measured

7. According to paragraph 6, what effect has the burning of fossil fuels had on the carbon cycle?

- A. It has increased the rate of photosynthesis.
- B. It has reduced volcanic activity.
- C. It has released large amounts of CO₂ into the atmosphere.
- D. It has caused oceans to absorb less CO₂.

完全版テキストはレッスン前に“教材名”を講師に伝えてください。
(リンクだけ送っても講師には伝わりません。)

伝え方：スカイプチャット or 予約時のコメント欄に記入

Please inform your teacher "name of the material" before the lesson.

(Sending a link won't convey the message.)

How to inform: Write it in the Skype chat or the comments section when making a reservation.

- B. it poses risks not only to human societies but also to natural ecosystems.
- C. It has helped prevent biodiversity loss in some regions.
- D. It will result in immediate decreases in sea levels.

9. The word "**incentivize**" in paragraph 8 is closest in meaning to:

- A. penalize
- B. encourage
- C. challenge
- D. identify

10. Negative Fact (In the article)

Which of the following is **NOT** mentioned as a method for mitigating climate change?

- A. Reforestation and afforestation
- B. Enhancing carbon storage in soil
- C. Using tidal energy to reduce CO₂
- D. Carbon capture and storage technologies

Answers

完全版テキストはレッスン前に“教材名”を講師に伝えてください。

(リンクだけ送っても講師には伝わりません。)

伝え方：スカイプチャット or 予約時のコメント欄に記入

Please inform your teacher "name of the material" before the lesson.

(Sending a link won't convey the message.)

How to inform: Write it in the Skype chat or the comments section when making a reservation.

carbon cycle?

Correct Answer: C. It removes carbon dioxide from the atmosphere.

3. The word "**equilibrium**" in paragraph 3 is closest in meaning to:

Correct Answer: C. balance

4. According to paragraph 4, how do marine organisms contribute to long-term carbon storage?

Correct Answer: D. By forming shells that sink to the ocean floor

5. Which of the following best expresses the essential information in the sentence from paragraph 4:

Correct Answer: B. When marine organisms die, their remains may store carbon in ocean sediments for a very long time.

6. The word "**sequestered**" in paragraph 5 is closest in meaning to:

Correct Answer: A. stored

完全版テキストはレッスン前に“教材名”を講師に伝えてください。

(リンクだけ送っても講師には伝わりません。)

伝え方：スカイプチャット or 予約時のコメント欄に記入

Please inform your teacher "name of the material" before the lesson.

(Sending a link won't convey the message.)

How to inform: Write it in the Skype chat or the comments section when making a reservation.

8. What can be inferred from paragraph 7 about the increase in atmospheric CO₂ levels?

Correct Answer: B. It poses risks not only to human societies but also to natural ecosystems.

9. The word "**incentivize**" in paragraph 8 is closest in meaning to:

Correct Answer: B. encourage

10. Negative Fact (In the article)

Which of the following is **NOT** mentioned as a method for mitigating climate change?

Correct Answer: C. Using tidal energy to reduce CO₂

完全版テキストはレッスン前に“教材名”を講師に伝えてください。

(リンクだけ送っても講師には伝わりません。)

伝え方：スカイプチャット or 予約時のコメント欄に記入

Please inform your teacher "name of the material" before the lesson.

(Sending a link won't convey the message.)

How to inform: Write it in the Skype chat or the comments section when making a reservation.